

## Restrictions that have changed today related to COVID-19 Restrictions in Tasmania.

### Changes to Tasmanian COVID-19 restrictions

The following changes to restrictions came into effect at  
**12.01am today, Monday 11 May 2020.**



Tasmanians are able to exercise at **national parks and reserves**, including beaches in their local area;



Residents at **Aged Care Homes** can have one visit per week by no more than two visitors;



**Funeral capacity** has increased from 10 to 20 attendees; and



**TasTAFE** campuses and training facilities open for invited small groups of students only attending practical learning and assessment sessions.

Recover.



Rebuild.



The Tasmanian Government has developed a staged approach to lifting the current COVID-19 restrictions. These will be **gradual, carefully monitored changes** with **safeguards** in place. As the Premier stated – we want to “Glide out not sawtooth out” and this is designed to hopefully avoid a second wave of infections and a second lockdown if we all do the right thing!

For this staged approach to work we must all continue to work together and follow the rules.

As from **MONDAY 11 May 2020**

- Funerals, will increase from 10 to 20 attendees;
- Aged care visits, will move to one visit per week and no more than two visitors, managed by the facility (check with the facility where your loved ones live for specific advice);
- National parks and reserves will open to residents for exercise within 30km of their home (this is measured by road – not as the ‘crow flies’); and

- TasTAFE campuses and training facilities may open for small groups of students only attending practical learning and assessment sessions.

So, what does this mean? Here are some simple questions and answers which may be of assistance:



## **Funerals:**

How many people can attend a funeral?

- From 11 May 2020, the number of attendees at a funeral will increase to 20 for indoor and outdoor funerals, if the venue has a COVID-19 Safety Work Plan in place (check with the funeral director if you need further detail).
- This number excludes employees required to facilitate the funeral.
- Increasing funeral attendees to 20 allows a greater number of family members and friends to attend, and balances the public health risks by continuing physical distancing requirements within churches and funeral homes.

Funeral homes and churches will be required to develop a COVID-19 Safety Work Plan to implement practical measures to manage the risks of transmission of COVID-19 at their facility.



## **Aged Care Facilities:**

*Can I visit an aged care facility?*

- From 11 May 2020, a resident may have one two-hour visit of up to a maximum of two visitors, every 6 days.
- Visits must be confined to the resident's room or a designated area within the aged care facility.
- Children under the age of 16 years are not allowed to visit, unless the visit is for end of life support.
- Check with the aged care facility where your loved one lives for further and/or specific advice.

All visitors must have an up to date flu vaccination or medical recommendation against administration of vaccine.

*Do Residential Aged Care Facilities (RACFs) need to have a COVID-19 Safety Work Plan in place?*

RACFs are required to follow and meet national guidelines and regulations for aged care. If the RACF is meeting these guidelines they will be deemed to have met the requirements of a Tasmanian COVID19 Safety Work Plan.



## National Parks:

### *When can I visit a national park?*

- From 11 May 2020, Tasmanian National Parks and Reserves will reopen to the public with the following restrictions:
  - Day use only (no camping);
  - You must travel no further than 30km, by road, from your primary residence to access a National Park or Reserve;
  - Restrictions on gatherings of two people, or a household, will still apply; and
  - Hunting activities remain prohibited on reserve lands.
  - Fishing remains prohibited in many lakes and waterbodies within the parks reserve estate.
  - Ocean beach fishing within parks and reserves is permitted.
  - You can only launch a boat at a boat ramp within the local government area that you live in. If you go fishing, you must return to your primary place of residence the same day you depart to go fishing.

The reopening of parks and reserves managed by local government is a decision for each local government area (check with your Local Council for advice if needed).

### *How do I know if a national park or reserve is within 30km of my primary residence?*

- When deciding if a park is within 30km, you need to consider the distance by road.
- Driving to a park entry must not exceed 30km. The 30km distance by road applies specifically to travel by vehicle. Once at the park you may walk or

ride on tracks and trails for further than the 30km, but only during the day – not overnight.

- There is no limit or restriction on the distance you may walk or ride a bicycle to a park from your place of residence.
- An easy way to calculate this distance is to use a navigation app or website, such as Google Maps, Bing Maps or Apple Maps.

Type in the street location to the nearest park entry point.



Further changes are expected to come into effect from the 18<sup>th</sup> of May BUT this is subject to Public Health advice and is constantly under review.

I encourage you to stay up to date by visiting the Coronavirus website ([coronavirus.tas.gov.au](https://coronavirus.tas.gov.au)), my website ([ruthforrest.com.au](https://ruthforrest.com.au)) or my Facebook page.